# **NHS Borders**

Mental Health Service

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Ms Alison Thomson Executive Lead

The Mental Welfare Commission for Scotland

Thistle House

91 Haymarket Terrace

Edinburgh EH12 5HE

Date 21<sup>st</sup> May 2018

Your Ref

Our Ref PG/LMac

Enquiries to Direct Line

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Dear Ms Thomson

Thank you for the feedback and recommendations following the Mental Welfare Commission visit to Cauldshiels Ward, NHS Borders, in February 2018.

The Service notes the recommendations and has initiated improvements to address these as follows:

### Recommendation 1:

Managers should consider how risk and nursing assessments can be added to the current system.

All patients will have a safety care plan in place and will be added to the admission check list to ensure every patient has one in place; this will be reviewed daily and will demonstrate ongoing daily risk assessment. Cauldshiels ward will introduce and reinforce the use of frequency charts, ABC charts, Neuropsychiatric Inventory Assessment to further support subjective observations of overall care.

### Recommendation 2:

Managers should raise awareness of nursing and medical staff on the rights of patients who may be detained without authority.

The Associate Director of Mental Health, Peter Lerpiniere, has a Professional Mental Health Nursing session planned for the 11<sup>th</sup> June 2018 in which he will discuss "Rights in Mind – a pathway to patients' rights in mental health services" and plans a further 2 sessions specifically for Cauldshiels and Melburn Lodge staff

## Recommendation 3:

Managers should review the OT input for patients in Cauldshiels ward.

Cauldshiels currently consists of an OTTI assessing all new admissions by doing a Pool Activity Level for each patient with suggested activities that can be provided by staff in the ward. The Pool Activity level assesses the level that the patient is functioning at and ensures that activities are presented at this level.





A review of OT provision will take place when the new management structure is embedded within mental health.

### Recommendation 4:

Managers should ensure a review of the environment taking into account the comments in this report. Given our previous concerns have not been addressed; we will now escalate this recommendation to senior managers.

A member of the Capital planning team has an identified sum of money that will be allocated to Cauldshiels. A recent walk round took place on 14<sup>th</sup> May 2018 and a list has been compiled of potential areas that the ward staff see as priority e.g. flooring, lighting, coloured toilet seats/side rails, painting of the walls. This will be reported back to Capital Planning for progression

I trust this response is satisfactory and if you require further information, please do not hesitate to contact me

Yours sincerely

Phone

Philip Grieve Operational Manager for Mental Health

